



CENTRAL INDIANA ASSE CHAPTER NEWSLETTER

April 2016

"It was great to see so many familiar faces and fellow ASSE members at the 2016 Indiana Safety and Health Conference. Another successful event thanks to our partnerships with the Indiana Chamber of Commerce and Indiana Department of Labor INSafe Division. If you were unable to attend this year, we would love to see you at the 2017 Conference. Dates are already set for February 28, March 1 & 2. We will be back at the Indiana Convention Center downtown. That is a year away, so let's stay in touch at the regular monthly meetings. Check out the upcoming meeting information in this newsletter or on the chapter website. There is also the 4th Annual CIASSE Scholarship Golf Outing. Registration and Sponsorship opportunities are now available. Don't wait too long, this event is getting more popular every year. If golf is not your thing, feel free to sign up for the lunch only. Jordan Hollingsworth has another great speaker lined up for the event. Keep reading for more details. Thank you Jordan for coordinating the outing. Hope to see many of you at the meeting. Till then, thank you all for your efforts to make our world a safer place to work and live."

Christina Merriott, CHST – Chapter President
Central Indiana Chapter ASSE

Central Indiana Upcoming Chapter Meetings

Thanks to all who were able to attend the 2016 Indiana Safety and Health Conference. We had a great turn out with outstanding speakers. We hope to see you all next year!

We had well over 1,000 attendees heard from and saw the latest in occupational safety and health topics.

The attendees had the opportunity to hear from three top-notch keynote speakers during the 3-day conference.

- **Jim Elzinga (opening general session: March 22):** founder and president of Heroic Hearts, and one of Canada's elite alpinists
- **Oliver Luck (morning general session: March 23):** former quarterback of the Houston Oilers, father of Indianapolis Colts quarterback Andrew Luck and executive vice president of regulatory affairs for the National Collegiate Athletic Association

- **Rodney Grieve (Governor's Workplace Safety Awards luncheon: March 23):** Founder of BRANTA Worldwide

The conference was planned by the Indiana Chamber, the Indiana Department of Labor and the Central Indiana ASSE Chapter. The conference steering committee was comprised of the following representatives from those organizations:

- Chet Brandon, CHMM, CSP, MA, MS, 2016 Conference Co-chair and President-elect, Central Indiana Chapter of ASSE (ATI Worksite Solutions)
- Vince Plank, CSP, 2016 Conference Co-chair and Immediate Past President, Central Indiana Chapter of ASSE (Safety Management Group)
- Kerri Begley, CMP, IOM, Conference Administrative Chair, Indiana Chamber of Commerce
- Jesse Brothers, CMP, Sponsor/Exhibitor Coordinator, Indiana Chamber of Commerce
- Michelle Ellison, Assistant Commissioner, INSafe, Indiana Department of Labor/INSafe
- Kirstin Gent, INSafe Marketing and Communications Assistant, Indiana Department of Labor
- Jeff Fox, Vice President, Central Indiana Chapter of ASSE (Dow AgroSciences)
- Jennifer George, Speaker/Concurrent Session Coordinator, Indiana Chamber of Commerce
- Christina Merriott, President, Central Indiana Chapter of ASSE (Milestone Contractors, LP)

The 2017 Indiana Safety and Health Conference is scheduled for February 28 – March 2, 2017.

Please follow the link provided to view the video from the Indiana Safety and Health Conference: <https://youtu.be/61hO5EkW-WY>

April 20th, 11am-1pm

Topic: How an Industrial Physical Therapist Can Impact Your Injury Prevention Team

Speaker: Ken Johnson, PT Body One Physical Therapy

Location: Scottish Rite - Double Eagle Cafe

Cost: \$0, lunch on your own

May 18, 11am-1pm

Topic: Road Construction Awareness Corp.

Speaker: Dennis Coty & Tim Harvey

Location: Milestone Contractors, L.P., 5950 S. Belmont Ave, Indianapolis, IN 46217

Cost: \$5.00; covers lunch cost

June 15, 11am-1pm:

Topic: The Usage and Liability with Using Drones

Speaker: Chris Stevenson, with Wilson, Kehoe, Winingham

Location: Shapiro's downtown

Cost: \$0; lunch on your own

National Safety Stand-Down to Prevent Falls in Construction

OSHA, the National Institute for Occupational Safety and Health, and the Center for Construction Research and Training will hold the third annual National Safety Stand-Down May

2-6, 2016, to raise awareness of the serious risk of falls in the workplace. Falls are the leading cause of death in the construction industry, and lack of proper fall protection remains the [most frequently cited violation](#) by OSHA.

More than 4 million workers have participated in the last two years, dedicating themselves to on-the-job safety. This year the stand-down will highlight the safe use of ladders and encourage employers to pause during their workday for topic talks, demonstrations and training on how to prevent falls. For more information on the success of last year's stand-down, see the [final data report](#). Visit the [2016 National Safety Stand-Down webpage](#) for more updates.

New OSHA Silica Rule

On March 24, OSHA released the final silica rule. Below are some key provisions:

- Reduces the permissible exposure limit (PEL) for respirable crystalline silica to 50 micrograms per cubic meter of air, averaged over an 8-hour shift.
- Requires employers to: use engineering controls (such as water or ventilation) to limit worker exposure to the PEL; provide respirators when engineering controls cannot adequately limit exposure; limit worker access to high exposure areas; develop a written exposure control plan, offer medical exams to highly exposed workers, and train workers on silica risks and how to limit exposures.
- Provides medical exams to monitor highly exposed workers and gives them information about their lung health.
- Provides flexibility to help employers — especially small businesses — protect workers from silica exposure.

Compliance Schedule

Both standards contained in the final rule take effect on June 23, 2016., after which industries have one to five years to comply with most requirements, based on the following schedule:

Construction - June 23, 2017, one year after the effective date.

General Industry and Maritime - June 23, 2018, two years after the effective date.

Visit <https://www.osha.gov/silica/index.html> for more information.

NAOSH Week

Don't forget that May 1-7, 2016 is NAOSH Week!

The goal is to focus employers, employees, partners and the public on the importance of preventing injury and illness in the workplace, at home and in the community.

The success of NAOSH Week is rooted in a community-based approach. Across the country, NAOSH Week events and activities are coordinated by local, provincial and/or regional committees, comprised primarily of volunteers, who share a focus and vision of safer workplaces and communities. Partnerships

with government, business, suppliers, CSSE Chapters, community health organizations and other safety groups provide the support, resources and network necessary to manage the NAOSH Week plans.

For more information visit <http://www.naosh.org/english/>

Southern Indiana ASSE Section:

We are currently searching for volunteers to lead the Southern Indiana ASSE section. If you are interested in this great opportunity, please contact the board at centralindianaasse@gmail.com

Outreach Programs:

The Central Indiana ASSE Chapter is looking for opportunities to assist or facilitate in community outreach programs. If you or someone you know is interested in partnering with the chapter please contact us at: <http://centralindiana.asse.org/board-member/>

4th Annual CI ASSE Annual Golf Outing:

Save the Date! Join us for the 4th Annual CIASSE Scholarship Golf Outing at West-Chase, a Premier Golf Club in Brownsburg on July 22, 2016! We look forward to a great day of golf, food, and our speaker Lonnie Bedwell, the first blind man to kayak the Grand Canyon!



Employment News:

Several new Safety/Health positions and internships have been recently added to the CI ASSE website. To view these current EHS job opportunities, please check out the CI ASSE Website at <http://centralindiana.asse.org/jobs/>

Contact the 2015 – 2017 Board of Directors at <http://centralindiana.asse.org/board-member/>

Email Address: centralindianaasse@gmail.com

CI ASSE Chapter Web Site: [Central Indiana | The American Society of Safety Engineers](#)

Follow the Chapter on social Media:



All chapter events can be viewed at: <http://centralindiana.asse.org/events/>